



ONPSC Q
Seminal Fluid for Post Vasectomy/C&S
Collection Instructions

SEMINAL FLUID FOR
POST VASECTOMY / C&S COLLECTION INSTRUCTIONS

1. Refrain from sexual activity resulting in ejaculation for a minimum of two (2) days but not longer than seven (7) days prior to collecting the sample
2. It is recommended that the sample be collected by masturbation. **DO NOT USE A CONDOM**
3. **ALL** the seminal fluid must be collected in the sterile container provided as the greatest concentration of sperm is found in the first portion of the ejaculate
4. Clearly label the sample with your FULL first and last name, date of birth or health card number and time of collection
5. The sample can be dropped off within 24 hours to any Dynacare Patient Services Centre location during regular business hours

NOTE: LHSCs in Western Ontario Region (WOR) do not accept these sample drop-offs.

Questions? Call Dynacare Customer Service:

Toronto Area: 1-800-565-5721

Ottawa Area: 1-800-267-9514

London Area: 1-800-265-5946